tend®



# Level 2 Adult Care Worker

## Programme Overview

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Career Builder™

Course Overview

# Level 2 Adult Care Worker

## Entry Requirements

To join this programme, learners need to be aged 16 or over, have lived in the UK, EEA or EU for the past three years, and be employed in England with a valid Contract of Employment. Learners must also be able to complete the full course as part of their role and complete an enhanced DBS (Disclosure and Barring Service) check before starting the apprenticeship.

If they're **16–18** without a Level 2 in Maths and English (GCSE grade 4/C), they'll work toward these alongside their apprenticeship.

For learners aged **19+**, Maths and English (Functional Skills) is optional and agreed with their employer.

## Who is it for?

This apprenticeship is suitable for individuals working in adult care settings who provide hands-on care and support to adults with a range of support needs.

It's ideal for learners working in residential homes, nursing homes, domiciliary care, supported living, day centres or individuals' own homes, who want to develop the skills and knowledge needed to deliver safe, person-centred care as part of their day-to-day role.

## Adult Social Care Certificate

As part of the apprenticeship, learners will complete the **Level 2 Adult Social Care Certificate**, which is embedded throughout the programme and must be achieved before completing the apprenticeship.

The certificate covers key areas including person-centred care, safeguarding, communication, equality and inclusion, health and safety, infection prevention and control, mental health awareness, and supporting individuals with learning disabilities and autism.

The apprenticeship is accredited by **Skills England and Skills for Care**. The Awarding Organisation for the Level 2 Adult Social Care Certificate is **RoSPA**.





### Course at a Glance

Level: 2

Duration: 12 Months

Funding: Up to 100% Funded

Delivery Method: Blended

Course Modules

**1–4 MONTHS**

- Personal Development
- Roles and Responsibilities
- Safeguarding
- Duty of Care
- Communication
- Handling Information
- Privacy, Dignity, Rights and Health and Well-being

**5–8 MONTHS**

- Health and Safety
- Infection Prevention and Control and Food Safety
- Implementation of Care and Support
- Risk Management
- Positive Risk Taking
- Monitor Changing Needs

**9–12 MONTHS**

- Collaborative Working
- Supporting Quality Assurance
- Digital Skills Development and Confidence
- Personal Well-being and Resilience
- Personal Development
- Professional Behaviours

**Embedded**

The Level 2 Adult Social Care Certificate is embedded throughout the programme and is a mandatory requirement, which learners must complete by month 9 of the apprenticeship.

# Key Modules

### 1. Safeguarding and Duty of Care

This module focuses on safeguarding, professional accountability and safe working practices in adult social care, exploring the principles of duty of care and duty of candour to help learners understand their responsibility to act openly, honestly and in the best interests of individuals.

### 2. Privacy, Dignity, Rights and Health and Well-being

This module focuses on promoting human rights, equality, diversity and inclusion within adult health and social care settings, exploring how dignity, respect and inclusive practice support positive relationships and wellbeing while shaping communication, decision-making and behaviour.

### 3. Implementation of Care and Support

This module focuses on using person-centred, co-produced approaches to build positive relationships that support individuals' health and wellbeing, exploring positive and proactive care techniques to prevent and manage distress or conflict while adapting care to meet changing needs and lived experiences.

### 4. Monitor Changing Needs

This module focuses on recognising, responding to and reporting concerns, risks and changes in an individual's condition to promote safety, wellbeing and person-centred care, covering how to identify significant physical, emotional, behavioural or communication changes and understand when and how to escalate concerns.

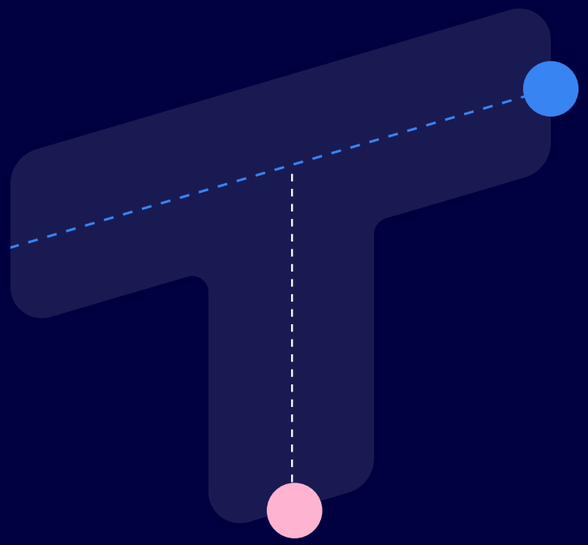
### 5. Collaborative Working

This module focuses on collaborative working in health and social care settings, exploring how positive, proactive and person-centred approaches support effective partnership working while emphasising collaboration with individuals, families, friends, other professionals and community contacts to promote wellbeing, shared decision-making and positive relationships.

Develop skilled, compassionate care workers trained to deliver safe, person-centred care and support.

# Did you know?

At tend, we group our training into two helpful pathways. Career Builders® are apprenticeships that grow lasting skills and career progression. Skill Builders® are shorter diplomas and courses that add focused expertise where it's needed. Together, they give learners and employers the flexibility to build strong careers while topping up knowledge along the way.



**tend®-trained professionals make resilient leaders.**

## Career Builders®

You can associate these programmes as ones that will have a lasting impact on a learner's career, think long term commitments, such as apprenticeships and diplomas.

## Skill Builders®

Shorter courses, designed to compliment tailored learning pathways. These programmes are fast-tracked, extra skills that learners can pick up along their journey.

**tend-trained means quality as well as qualified.**

A byword for quality in health and social care training, tend-trained professionals offer much more than just practical skills and knowledge.

That's the easy part. Instead, they also offer the rest of the package - things like teamwork, people skills and how to think creatively and strategically. In other words, how to really excel in the real world of care: the world their trainer has come from.



What sets tend® apart is its people-first approach and understanding of the care sector.

It helps us connect with the right people, empowering our teams to make a difference every day and supporting our mission to create a great place to live and work.

Elishah at Caring Homes

LEARNING & DEVELOPMENT TRAINING SPECIALIST

# Programme Delivery

**WHAT** IS BLENDED LEARNING?

Learning is delivered through e-learning masterclasses, micro learning, coaching sessions and workplace activities, giving learners the knowledge, skills and behaviours needed to provide safe, person-centred care.

This programme is delivered through a blend of workplace learning, coaching and flexible online study, helping learners develop the knowledge, skills and behaviours needed to work confidently while applying learning in real adult care settings.




**Here's a brief overview of how learning is delivered:**

1. Learners complete structured online learning, interactive activities and guided workbook tasks throughout the programme.
2. Regular coaching sessions and workplace support help learners apply their knowledge confidently in day-to-day care practice.
3. Functional Skills, digital skills and wider learning themes are naturally embedded throughout the apprenticeship.
4. The **Level 2 Adult Social Care Certificate** is delivered throughout the programme and must be completed before the apprenticeship is achieved.



# Off the Job Training

**TOP** TIP

A good way to build up their required minimum of 6 hours per week is by discussing and evidencing any learning and development activities undertaken within their current role. For part time apprentices, the requirement remains 20% of their working hours.

Although it's called off the job training, learners don't need to take time away from their day-to-day job role. They can actually focus on learning new skills and undertaking new duties within their existing role.

Off-the-job training must be completed in work time and recorded on Aptem. Maths/English activities can't be included.




**Example activities counting towards off-the-job training:**

- Attending Team Meetings
- Attending Work Events
- Note Writing
- Sector Relevant Research
- Handovers
- Teaching Sessions
- Shadow Team Members
- Swapping Departments
- Learning a New Skill
- Care Plans
- Mandatory Training and E-Learning
- Reflection Time
- Coaching a Team Member
- Role-play
- 1:1 with Line Manager
- Team Training

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# Level 2 Adult Care Worker

## Looking to build essential skills in adult social care?

Perfect for those working in an adult care role, this Level 2 Adult Care Worker programme equips learners with the practical knowledge, skills and behaviours needed to provide high-quality, person-centred support to adults with a range of care needs, promoting dignity, independence and wellbeing across a variety of care settings.

Register your interest now



## Limited Spaces Available

Speak to a tend advisor today.
01753 596 004 | info@tendtraining.co.uk

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**Get in touch today!**

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